American Psychological Association Division 38
Health Psychology

Over 30 years of contributions.
Over 30 years of collaboration.
Bringing Health Psychology into Focus.

DIVERSITY

## **Interpersonal Racism: Conceptualization**

Interpersonal racism is a component of individual level racism and has been defined as "directly perceived discriminatory interactions between individuals whether in their institutional roles or as public and private individuals" (Krieger, 1999, p. 301). Interpersonal racism includes maltreatment that the targeted individual attributes, at least in part, to conscious or unconscious racial/ethnic bias on the part of the perpetrator of the maltreatment.



Racism and Health:

Councils & Committees

Students & Early Career

Education & Training

Communications

About Division 38

Related Resources

**About Racism** 

Home

Join Us!

Diversity

**Cultural Racism** 

Institutional Racism

Interpersonal Racism

Measurement

Selected Findings

Studies w/Health Outcomes

References

Internalized Racism

Questions to Consider

Hot Off the Press

Interpersonal racism can occur in a wide variety of venues and can be communicated through a range of attitudes and actions (see Taylor & Grundy, 1996). These actions and attitudes can include acts of social exclusion, stigmatization, unfair treatment, and/or threats and harassment (Brondolo et al., 2005; Contrada, Ashmore, Gary, Coups, Egeth, Sewell, Ewell, & Goyal, 2001).

- Social distancing and stigmatization: Beliefs about the inferiority of different groups can lead to episodes of verbal and non-verbal behavior that communicate exclusion (e.g., failing to smile or engage, avoiding eye contact, or ignoring requests to participate) and/or rejection (e.g., physically moving away from the targeted individual, turning away from requests for help) and/or disrespect (e.g., name calling, non-verbal expressions of disgust or disapproval).
- Discrimination at work or school: Stereotypes about competency, honesty, or diligence can block the creation of opportunities for employment or education (cf., Steele, 1997).
   Prejudicial attitudes about the groups' characteristics can lead a teacher or supervisor to overlook an individual's strengths or fail to attend to areas of weakness.
- Threat and harassment: Targeted individuals can become victims of verbal and physical assault when the social barriers and protections against attack do not extend to those who are stigmatized. Useful resources for understanding different conceptualization of racism and ostracism include: Abrams, Hogg, and Marques (2005); Chen, Williams, Fitness, and Newton (2008), Mays, Cochran, and Barnes (2007), and Swim, Cohen, and Hyers (1998).

© 2012, APA Division 38 All rights reserved.

APA Division 38 • P.O. Box 1838 Ashland, VA 23005-2544 • Phone (804) 752-4987 • info@health-psych.org

1 of 1 2/6/2012 9:43 AM